**Creating an Effective Reproductive & Fertility Health Guide**

**Key Components Checklist**

✅ **Introduction & Purpose**

* Clearly state Why the guide exists
* Ensure Inclusivity for all reproductive health needs

✅ **Company Policies & Benefits**

* Fertility leave, miscarriage leave, and menstrual health accommodations
* Flexible working policies
* Insurance and financial support for treatments

✅ **Workplace Adjustments & Support**

* Physical and environmental adjustments (quiet spaces, workload adjustments)
* Mental health support (peer groups, therapy)

✅ **Manager & HR Guidance**

* Training for managers on handling reproductive health issues
* Legal rights and obligations

✅ **Employee Resources & Next Steps**

* Internal contacts for support
* External expert resources